

Spectate Sporting Events Safely

Sports fans are known for their enthusiasm and incredible volume of noise they produce as they support their teams. While cheering, yelling and music are a part of most sporting events, there's one major downside to all the fun – hearing loss or damage.

The National Institute of Occupational Safety and Health reports that exposure to 85 decibels of sound for more than eight hours might cause permanent hearing loss if you're not wearing ear protection.

Thankfully, most sporting events don't last that long. But hearing loss can still occur in the time you're exposed to loud noise. Reduce the risk of hearing damage by wearing ear protection to your next sporting event.

[Practice Name] wants to help you protect your hearing and manage your hearing loss.

While it's important for all of us to take care of our hearing health, everyone responds differently to noise. That's why it's critical to have a hearing evaluation, especially if you think you might have hearing loss.

Contact us at [Phone Number] for more information on how we can help you safely spectate during the big game.